



BATHURST SWIMMING ACADEMY
A Learn To Swim Collaboration between
CITYFIT & DEDICATED TO FITNESS
The best of both worlds
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PRIVATE - SWIM SCHOOL INFORMATION SHEET TERM 3 2019

Thank you for booking your child at Cityfit. It is our aim to create an encouraging and positive learning environment, through consistency with instructors and our highly developed curriculum. Please assist us by reading this information sheet and adhering to the following guidelines.

Lessons procedure

- We recommend that children do not swim prior to their lesson, as this may hinder the progression of the lesson and their development.
- Whilst not essential, we recommend students wear correctly adjusted goggles and swim caps
- If you are unsure where to go, our friendly reception staff will direct you. Our swimming instructors wear teal green shirts to assist in their identification.
- Children must be placed in their class and picked up at the end of each class by an adult. Parents are very welcome to sit on the chairs provided on the pool deck throughout the lesson, unless requested otherwise by the instructor for the benefit of your child.
- After lessons, suitably skilled students may swim in the end of shallow lane 1 only, **provided they are actively supervised by a parent** as we do not provide a lifeguard service. Please keep your children clear of available lap swimming lanes as these are reserved for non-swim school participants. There is a No Jumping or Bombing policy as this disrupts other classes.
- Instructors assess participants on an ongoing basis and will recommend progress to a higher level as required.
- We reserve the right to alter class times and instructors as required.

Missed Lessons/Pool closures

- **We will only issue a missed lesson swim pass on the presentation of a medical certificate. Swim passes are valid for 3 months and entitle the student and an accompanying adult to a swim in your own time.**
- **Forgotten or missed lessons without a medical certificate will not receive a swim pass.**
- **Bookings are non refundable, as once you have booked a lesson we are committed to paying the instructor regardless of whether your child is present.**
- **In the instance of a pool closure, if your class has not commenced there will be a make-up lesson provided at a later date, if you are part way through a lesson your instructor will continue the lesson on pool deck.**

Assessment/Rebooking Paid in Full Customers

- Your child will be continually assessed during the term and your child's instructor will notify you when they will need to move up to a new level.
- Re-booking week will now commence week 5 of term, you will have up until the end of week 6 to book and secure your spot. If unpaid after this time, students will be dropped out of their class to allow other students the opportunity to book.

Assessment/Rebooking Direct Debit Customers

- For convenience, Direct Debit member's timeslots will automatically renew after the holiday period for the following term if we are not instructed to put the debit on hold. Direct debits will restart unless we are informed in writing via email or a timestop form to pause payments. Lessons will not be made up or refunded.

Pool

- We aim to maintain our pool at a comfortable 29.5°C all year round.
- It is 6 lanes wide and 25m long. It is 1.15m at the shallow end and 1.45m at its deepest near the starting block end.
- For the safety of our swim school students diving is only permitted from the deep end and when under the supervision of an instructor. Please do not sit or swing on the land ropes as this can damage them.

- For the safety of all pool participants children under the age of 14 years need to be actively supervised by an adult at all times unless in a lesson with an instructor.

Photo Policy

No form of photography is permitted during lessons.

Cityfit may periodically take photographs for Swim School marketing purposes. Please advise us if you do not consent to your child being photographed.

Pool Hygiene

Cityfit is totally committed to providing the safest and cleanest possible pool environment for our members.

Though, as is the case with any public pool, unfortunately pool contamination incidents occur. We take our role in controlling and resolving any contamination very seriously. We aim to correct any water safety issues in the most comprehensive and efficient manner.

Our members can be assured that if the Cityfit Pool is open, it's ready and ideal for swimming.

In the unlikely case that the Cityfit pool is close, this has been done for your safety and we are acting according to the NSW Department of Health guidelines.

You can help us maintain the cleanliness of our pool in the following ways:

- Always take young children to the toilet before entering the pool.
- Infants that are not toilet trained must wear a swimming nappy. These are available at Cityfit reception.
- Please don't swim in the pool if you have suffered diarrhea or vomiting in the last week.
- If you are sweaty please rinse off before entering the pool.
- If your child has cuts, wounds or any skin infections they should not use the pool until they have cleared completely.

Please remember that learning to swim is a long term task. Not all children will progress at the same rate. Your child's instructor will know when they are ready to progress to the next level. Be firm, loving, give lots of encouragement but don't force your child. No progress will be made unless your child is having a good time while learning.

Please note that due to Public Holidays some lessons will extend into the School Holidays.

For your convenience, following is a list of lesson dates and known Public Holidays for second term. This information is also available from our website www.cityfitswimschool.com.au.

Term 3 2019 Lesson Dates – 10 week term

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	L1 – 22 nd July	L1 – 23 rd July	L1 – 24 th July	L1 – 25 th July	L1 – 26 th July	L1 – 27 th July
2	L2 – 29 th July	L2 – 30 th July	L2 – 31 st July	L2 – 1 st August	L2 – 2 nd August	L2 – 3 rd August
3	L3 – 5 th August	L3 – 6 th August	L3 – 7 th August	L3 – 8 th August	L3 – 9 th August	L3 – 10 th August
4	L4 – 12 th August	L4 – 13 th August	L4 – 14 th August	L4 – 15 th August	L4 – 16 th August	L4 – 17 th August
5 IN HOUSE RE-BOOKING	L5 – 19 th August	L5 – 20 th August	L5 – 21 st August	L5 – 22 nd August	L5 – 23 rd August	L5 – 24 th August
6 IN HOUSE RE-BOOKING	L6 – 26 th August	L6 – 27 th August	L6 – 28 th August	L6 – 29 th August	L6 – 30 th August	L6 – 31 st August
7 OPEN ENROLMENT	L7 – 2 nd September	L7 – 3 rd September	L7 – 4 th September	L7 – 5 th September	L7 – 6 th December	L7 – 7 th September
8 OPEN ENROLMENT	L8 – 9 th September	L8 – 10 th September	L8 – 11 th September	L8 – 12 th September	L8 – 13 th September	L8 – 14 th September
9 OPEN ENROLMENT	L9 – 16 th September	L9 – 17 th September	L9 – 18 th September	L9 – 19 th September	L9 – 20 th September	L9 – 21 st September
10 Safety Week	L10 – 23 rd September	L10 – 24 th September	L10 – 25 th September	L10 – 26 th September	L10 – 27 th September	L10 – 28 th September

Swim School Holidays are Sunday 29th September to Sunday 13th October

ASK ABOUT OUR HOLIDAY SWIM PROGRAM!